

# HARMONISING MATERIAL & SPIRITUAL GOALS

A WORKBOOK, A JOURNEY



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FIND YOUR UNIQUE SPIRITUAL PURPOSE

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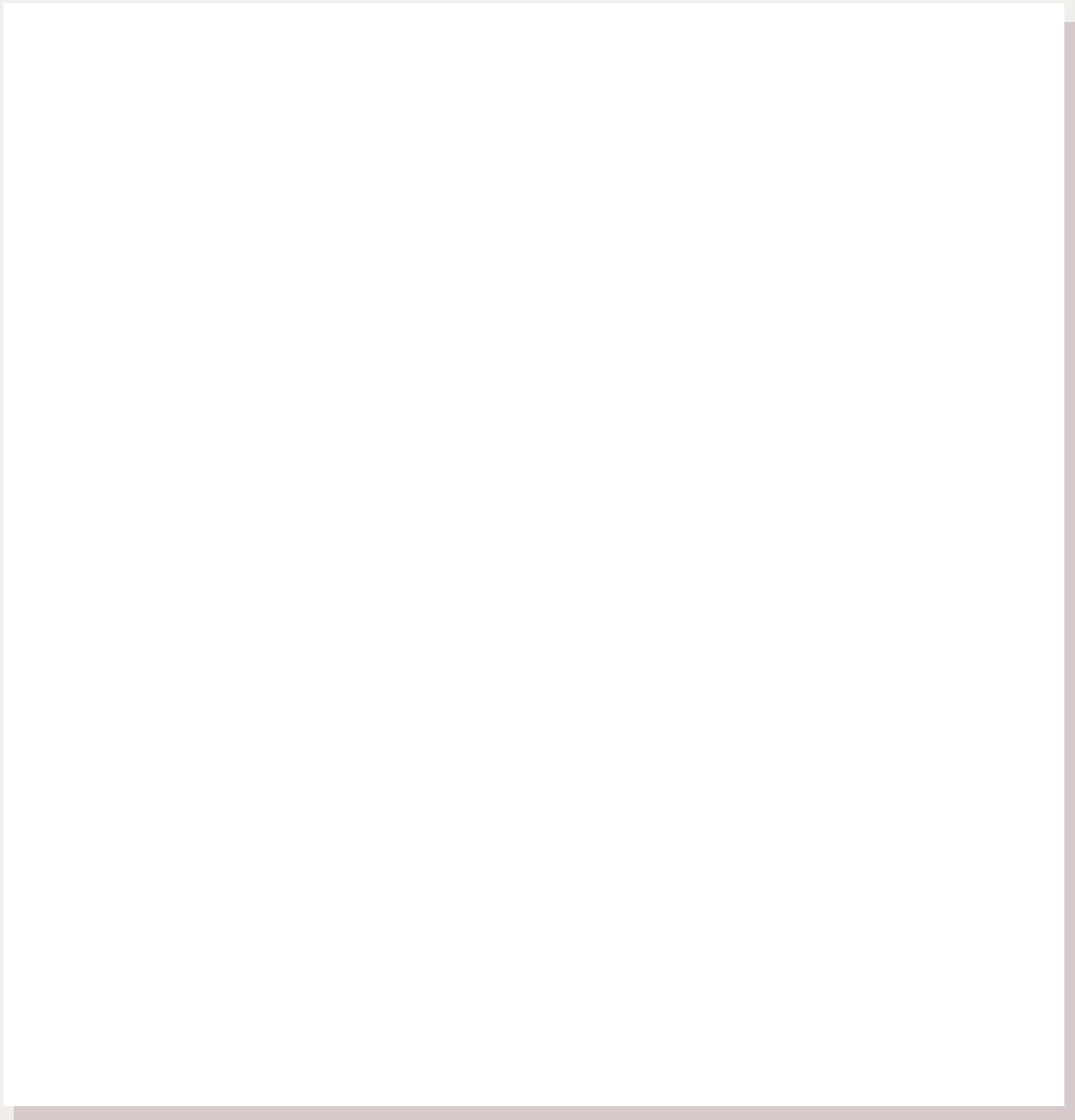


Begin by dreaming of a lifestyle that feeds your soul....

What does this look like for you? How do you want to feel every day, who's around you, where are you, what are doing?

Create an environment for serving others from a place overflowing with joy and abundance.

Create a life of spiritual growth and material success both intertwined beautifully, creating a life of significance and service.





How can your material goals support your spiritual lifestyle and vice versa?



Describe your ideal day combining spiritual fulfillment and material success.



How can creating a joyful and abundant environment contribute to your life's purpose?

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**GROWTH ALWAYS  
HAPPENS OUTSIDE  
OF YOUR  
'NORMAL'.**

**YOU HAVE TO  
STEP OUTSIDE OF  
THAT COMFORT  
ZONE IN ORDER  
TO PROGRESS.**

”



TRANSFORMING  
WEALTH INTO  
IMPACT





What is your target annual income that aligns with your vision of a fulfilling life?



What specific assets do you aim to acquire to support your lifestyle and goals?



How do you plan to use your resources to serve and contribute to your community?



PERSONAL  
FULFILLMENT  
& SERVICE TO  
OTHERS



How does your journey inspire others to balance personal and altruistic goals?



How can your life demonstrate the coexistence of spiritual and material success?



How can your story encourage others to pursue their own fulfilling paths?



# THE ESSENCE OF ALIGNMENT





# CORE VALUES

What core values have emerged from your life experiences, and how can they anchor and direct your business's mission?

Reflect on the defining moments of your life and how they've shaped the values you hold dear.

These values are the foundation upon which you can build a business that not only meets a market need but also resonates with your personal mission.

Consider how these values manifest in your life and, more importantly, how they can shape the mission of your business.

Your narrative has the power to infuse your business with profound meaning, making it a magnet for those who share your values.



# CORE VALUES





# PERSONAL INSPIRATION

Which aspects of your journey inspire you to create change?

How can these elements influence your business's approach to service and its global footprint?

Your unique journey, marked by highs and lows, has moulded your desire to serve others. Perhaps a personal struggle ignited your passion for helping others navigate similar challenges.

Or maybe an encounter with a mentor revealed the impact you could make.

Your story not only fuels your desire to serve but also connects you deeply with those you aim to help, turning your business into a vehicle for meaningful change.

A person wearing a blue garment is holding a book. The book cover is dark with gold and white text. The title 'ALCHEMIA FOR THE SOUL' is written in a large, elegant font. Below the title, in smaller text, it says 'The ultimate guided journey of self-transformation through the seven chakras'. The person's face is partially visible, showing their eyes and mouth.

# PERSONAL INSPIRATION

A woman with long brown hair is holding a dreamcatcher. The dreamcatcher has a circular frame with a web inside and feathers hanging from it. The background is softly blurred, showing what appears to be a window with blinds.

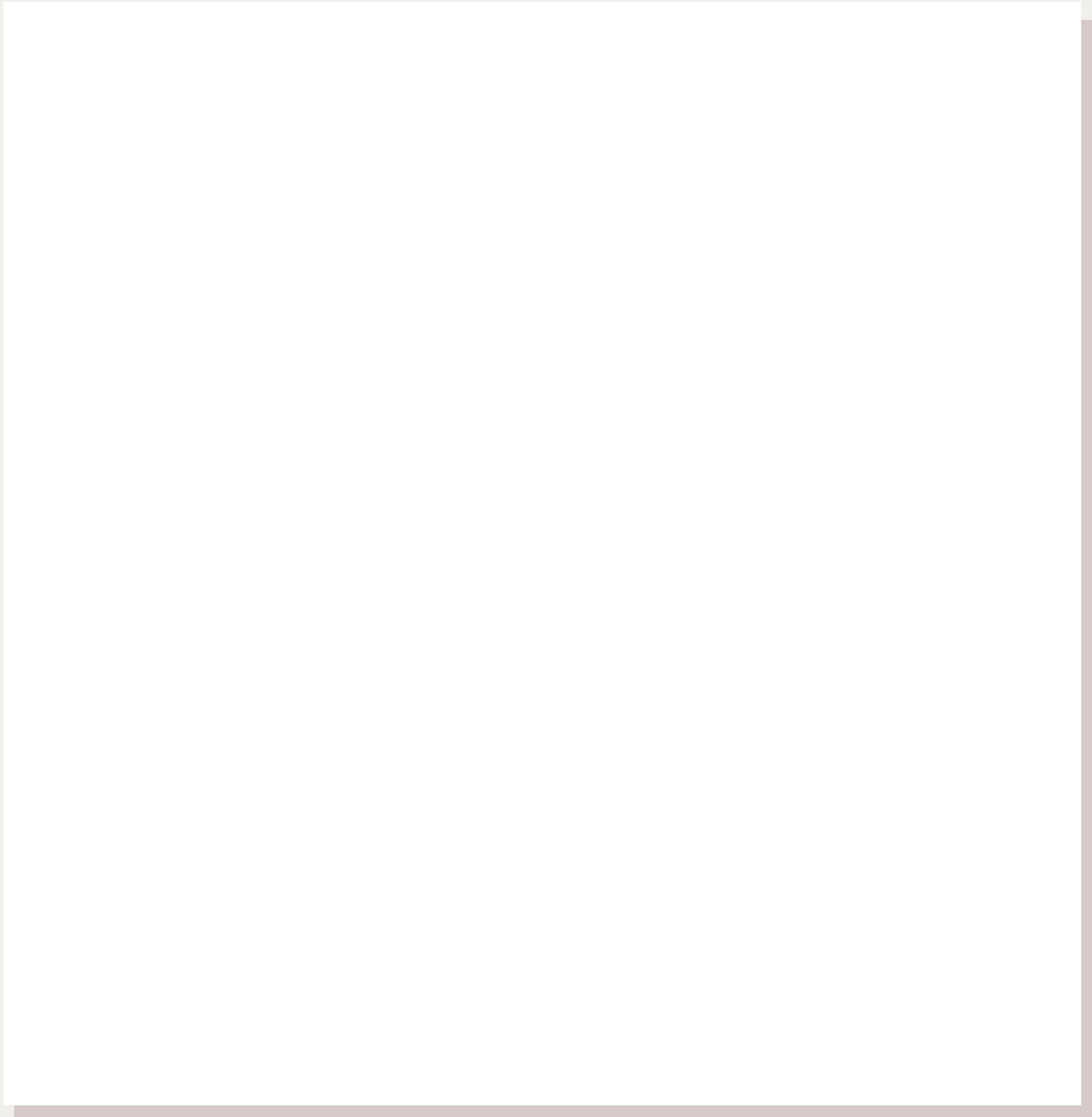
# PURPOSEFUL ALIGNMENT

Where does your personal story intersect with larger community or global needs?

How can your business genuinely meet these challenges, grounded in your unique perspective and mission?

A woman with long, wavy brown hair is shown from the chest up, holding a dreamcatcher. The dreamcatcher has a circular frame with intricate webbing and several feathers hanging from it. The background is softly blurred, suggesting an indoor setting with natural light. The overall mood is calm and contemplative.

# PURPOSEFUL ALIGNMENT





# THE HEROS JOURNEY



At what stage of the Hero's Journey are you currently?  
Have you started upon the Hero's journey yet?





Identify a turning point in your life. How did this moment act as a call to adventure in your spiritual journey?



Think of a mentor or guide who has impacted your path. What wisdom did they impart, and how did it help you grow spiritually?



Reflect on a significant obstacle or "shadow" you encountered. How did facing this challenge help you discover hidden strengths or insights?



Where in your journey did you experience a moment of rebirth or transformation?

How did this change your understanding of your spiritual purpose?



Looking at your path so far, what theme or lesson seems to repeat itself?

Consider how this motif guides you towards your spiritual purpose.



DAY 2  
COMPLETE  
*See you tomorrow x*